



Penshurst Primary School
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29 June 2026

Family Help Practitioner drop in sessions

Dear Parent/Carer

We are pleased to confirm that Carol Dodsworth, our Family Help Practitioner, will be offering another drop-in support session on **Thursday 9 July between 8.00am and 10.30am.**

Appointments can be held in person or over the telephone, depending on what works best for you. Carol's role is to provide timely, flexible support to help prevent concerns from escalating, strengthen family resilience, and ensure children can thrive both at home and in school. She works closely with families to build strong links between home, school and the wider community. She can offer early help and direct support with a wide range of challenges, including:

- Behaviour and routines
- School attendance
- Emotional wellbeing and mental health
- Financial or practical difficulties
- Coordinating support from different agencies
- Developing whole family plans to build long-term resilience.

Carol works in schools, homes and community settings, helping families build skills, find solutions, and feel empowered.

If you would like to book a drop-in slot, please call the school office on 01482 648808 to book either an in person or telephone appointment.

Sessions are allocated on a first-come, first-served basis.

Thank you, as always, for your continued support.

Yours faithfully

Mrs M Adams
Designated Safeguarding Lead