

19 June 2026

Primary - Year 6 PSHE

Dear Parents/Carers

PSHE - Summer Term 2

At Penshurst Primary School, relationships and health education will be taught through Personal, Social and Health Education (PSHE) lessons using the Jigsaw online portal.

In Year 6, the topics covered in PSHE in Summer Term 2 are:

- Understand how girls' and boys' bodies change during puberty, and the importance of looking after themselves physically and emotionally.
- Understand how a baby develops from conception through the nine months of pregnancy and how it is born.
- Recognise how being physically attracted to someone changes the nature of the relationship.
- Understand the importance of self-esteem and what they can do to develop it.
- Identifying what they are looking forward to and discuss what they are worried about when transitioning to Year 7.

All lessons are compulsory and children cannot be withdrawn. The lessons will be taught in a way that is appropriate for our pupils in terms of age, physical and emotional maturity, religious and cultural background and special educational needs and disabilities.

If you have any queries regarding the topics taught this half term, then do not hesitate to speak to your child's teacher.

Yours faithfully



Miss Davies
Assistant Headteacher