

19 June 2026
Primary - Year 3 PSHE

Dear Parents/Carers

PSHE - Summer Term 2

At Penshurst Primary School, relationships and health education will be taught through Personal, Social and Health Education (PSHE) lessons using the Jigsaw online portal.

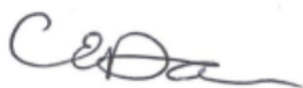
In Year 3, the topics covered in PSHE in Summer Term 2 are:

- Recognising that in animals and humans lots of changes happen between conception and growing up.
- Understand that in humans a mother carries the baby in her uterus (womb) and this is where it develops.
- Understand that babies need love and care from their parents/carers.
- Understand some of the changes that happen between being a baby and a child.
- Recognise that the male and female body needs to change at puberty so their bodies can make babies when they are adults including names of the body parts linked to this (testicles, sperm, penis, ovaries, egg, ovum/ova, breasts, womb/uterus, vagina)
- Recognise some of the changes on the inside that happens during puberty.
- Identifying what I am looking forward to when I move into Year 4.

All lessons are compulsory and children cannot be withdrawn. The lessons will be taught in a way that is appropriate for our pupils in terms of age, physical and emotional maturity, religious and cultural background, and special educational needs and disabilities.

If you have any queries regarding the topics taught this half term, then do not hesitate to speak to your child's teacher.

Yours faithfully



Miss C Davies
Assistant Headteacher