

19 June 2026
Primary - Year 2 PSHE

Dear Parents/Carers

PSHE - Summer Term 2

At Penshurst Primary School, relationships and health education will be taught through Personal, Social and Health Education (PSHE) lessons using the Jigsaw online portal.

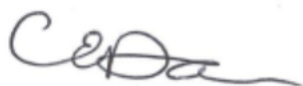
In Year 2, the topics covered in PSHE in Summer Term 2 are:

- Recognising life cycles in nature.
- Understanding that there are some changes that are outside my control.
- Describing the process of growing from young to old.
- Recognising how my body has changed since I was a baby.
- Recognising the physical differences between boys and girls and using the correct names for these parts of the body (vagina, penis, testicles, anus).
- Understanding that some parts of my body are private.
- Understanding that there are different types of touch and that I like some types (hugs, high fives, etc) and I don't like some types (hitting, kicking, etc).
- Identifying what I am looking forward to when I move into Year 3.

All lessons are compulsory and children cannot be withdrawn. The lessons will be taught in a way that is appropriate for our pupils in terms of age, physical and emotional maturity, religious and cultural background, and special educational needs and disabilities.

If you have any queries regarding the topics taught this half term, then do not hesitate to speak to your child's teacher.

Yours faithfully



Miss C Davies
Assistant Headteacher